Naubartas Urmanas

Public policy and communications professional, based in Vilnius.

hello@naubartas.eu LinkedIn

Experience



Digital Communications and Media Manager — 2026 to now
Baltic International Security Centre, Vilnius
Newsletter, social media, website and mapmaking for a Baltic security think tank.



Consultant — 2026 to now
Civitta, Vilnius
Policy research and analysis for public-sector clients, from cybersecurity to regional strategy.



Pavilion Guide — 2025
The Baltics at Expo 2025 Osaka, Osaka, Japan
Represented Lithuania at the Baltic pavilion, Expo 2025 Osaka, with 5,000+ visitors a day.



Political Adviser — 2023 to 2025
Embassy of Denmark in Lithuania, Vilnius
Monitoring and reporting political and socio-economic developments in Lithuania.



Schuman Trainee — 2023
European Parliament, Vilnius
Supported public communication events for EU audiences at the Parliament's Liaison Office in Lithuania.



Intern — 2022
European Space Agency, Noordwijk, Netherlands
Research internship at the Recruitment Support Service.



Erasmus+ Project Coordinator — 2017 to 2018
Syncro Synergy Croatia, Zagreb, Croatia
Writing, coordinating and executing international Erasmus+ projects for a non-profit youth organisation.



Independent Translator — 2016 to 2017
Eurochannel, Remote
Translating subtitles for a television channel focused on European culture and lifestyle.

Other projects



Founder — 2024 to now
Normalu, Vilnius
A youth organisation helping young people feel safer and less alone through creative, non-clinical activities.



Founder — 2020 to now
Youth Opportunities EU, Online
A weekly shortlist of fully funded exchanges, trainings and grants for young Europeans.

Alma mater



MSc, Development and International Relations — 2021 to 2023
Aalborg University, Denmark



BA, Language and International Studies — 2018 to 2021
Aalborg University, Denmark

Languages

Lithuanian native English fluent Croatian working Danish elementary Japanese basic